Around one in four New Zealanders are infected with influenza each year.

Many people won't feel sick at all, but can still pass it on to others.

Influenza can be anywhere.

Protect yourself from the flu

Sign up NOW!

Maxwell Health

Maxwell Health is one of NZ's leading workplace flu vaccination providers.

We vaccinate nationwide and **we're coming to visit you at work!**

We'll be here on: _____

Your Co-ordinator is: _____

Location: _____

Phone/Extn: _____

Can't see our nurse on the day?
Ask about our vouchers, redeemable nationwide.

Common thoughts

The flu is just a bad cold, right?

No. **The flu is different from a cold.** It can be deadly. The flu is serious!

The flu vaccination can give me the flu.

No. The flu vaccine prepares your immune system to fight the flu. The vaccine itself contains no live viruses.

I'm too fit and healthy to get the flu.

Flu can attack **anybody at anytime.** It attacks your immune system & doesn't care if you are fit or healthy!

Got questions?

visit **www.maxwellhealth.co.nz**
or call us and speak with one of our friendly team.

Write your name here:

SIGN UP SHEET

Encouraging your colleagues to vaccinate will give your workplace greater protection

www.maxwellhealth.co.nz **PH 0800 376 600**